

## SEMINARS 2021/22

**\*\* ALL WELCOME \*\***

In each seminar, the presenter will share their new thinking about a topic in Transactional Analysis or a closely related field. There will be plenty of time for discussion, questions, and the interchange and generation of ideas.

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**Timings: 6.00 – 7.30 pm Online Seminars via Zoom**  
**7.30 – 9.00 pm In-person Seminars at Berne House**

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**Wednesday 24 November 2021**

### **THE IMPLICATIONS OF WORKING WITH CULTURAL DIFFERENCES IN TA PSYCHOTHERAPY** - With Tanja Krist PTSTA(P)

In the psychotherapy room the cultural differences between the client and psychotherapist can hinder and/or enrich the psychotherapeutic process. In this seminar we will look at the specifics of the work with clients that come from a different cultural background than us. We will highlight the implications of the differences in the psychotherapeutic process and open the space to explore and share experiences. We will touch concepts of language, identity and cultural scripts. We will look for ways to work with these differences in the pursuit to find common ground and contact even where we are different.

This is an online seminar. Click here to [BOOK NOW](#) via Eventbrite

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**Saturday 11 December 2021**

### **EGO-STATES AND TRAUMA** – With Mark Widdowson TSTA(P)

Therapists regularly encounter clients who have experienced trauma within our practices. Over recent years, there has been a growing awareness that 'standard therapeutic technique' is insufficient for safe and effective resolution of trauma, and that working in a trauma-informed way is the most appropriate therapeutic approach for trauma. In this workshop, Mark will explore ego states and their relevance to working with trauma and will discuss some gentle yet powerful ways that TA therapists work with childhood trauma.

This is an in-person seminar at Berne House. No need to pre-book.

More to Seminars to be announced soon!