

MENTAL HEALTH FAMILIARISATION WORKSHOP

With Dr Mike Harris - Consultant Psychiatrist

Two days *Online*

**Thursday 11th February 2021
& Thursday 18th February 2021**

The workshop will look at how mental health services are currently structured and the influences on the development of services. The structure and content of this workshop will be based on the Learning Outcomes for Mental Health Familiarisation as defined by UKCP. All participants will be given a checklist to account the learning outcomes covered and these will be signed off by the trainer.

We will look at the client's journey through the NHS and sometimes the Independent Sector, from referral to treatment and discharge. Through the use of case studies and small group working we will explore assessment, diagnosis and treatment and identify the similarities and differences between mental health services and psychotherapy in this process as well as comparable skills and understanding of the clients experience and presentation.

As we look at diagnosis and treatment we will look at the range of factors that can influence a client's development of mental illness (Mental Health Illness), their experience of their illness and recovery. This will allow us to consider the main classifications of mental illness utilising both the ICD10 and DSM5 classifications. We will look at safeguarding, legal and ethical considerations. This will include the Mental Health Act, Mental Capacity Act, Deprivation of Liberty and Community Treatment Orders and consider how these might impact on relationships between staff and clients within mental health services.

During the course of the 2 days, there will if possible be a talk by a service user about their experience of services and their treatment. We will also try to arrange a talk by a Peer Support Worker, this role is fulfilled by those with lived experience of mental illness who now work within the field to promote the recovery of others through sharing knowledge and experience and reducing the sense of isolation many people feel during the course of their illness.

Presenter

Dr Mike Harris B.Sc., MB BS, MRCS, LRCP, FRCPsych is a consultant Psychiatrist specializing and licensed in General Adult Psychiatry and Forensic Psychiatry. He has also worked as a consultant in old age psychiatry. Mike Harris currently runs a private psychiatric practice and works as an associate for the General Medical Council, assessing and supervising sick doctors. He also chairs 3 charities, a local charity, Improving Lives Nottingham, which helps people with mental health difficulties, a local Jewish Charity which provides service to people in need, many of whom are elderly and a national charity, the Lucy Faithfull Foundation, a child protection charity whose aim is the eradication of childhood sexual abuse. Mike has previously been a consultant psychiatrist for Nottinghamshire Healthcare and St Andrews Healthcare, Medical Director of both organisations, Director of Forensic Services and the Chief Executive of Nottinghamshire Healthcare. He has also been a sub-dean of the Royal College of Psychiatrists. He has been working in mental health services since 1976.

- Venue:** Our courses are usually held at The Berne Institute, however, during the Covid-19 pandemic, they are being run **online, via Zoom**. Full details will be sent to you once your booking is made. You will need a computer, stable internet access, and somewhere private to be while you are accessing the highly interactive course.
- Times:** 10.00am to 5.00pm
- Fees:** £225 Members of The Berne Institute
£250 Non-members of The Berne Institute
Full payment is required to a secure place.
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PLEASE COMPLETE AND RETURN TO BOOK YOUR PLACE

To: The Course Registrar
The Berne Institute
Berne House
Kegworth DE74 2EN,
01509 673649
www.theberne.com
office@theberne.com

From: *Please print your name and contact details, along with any other information you would like us to know about you.*

I would like a place on the Mental Health Familiarisation workshop

Full Name

Address

Phone

Email

Thank you for your enquiry, we will contact you with payment options. Once full payment is received, your place will be confirmed. For our full booking policy, please see our website.

Promoting Excellence, Autonomy & Homonomy