



The Berne Institute

Training in in all fields of Transactional Analysis
at the Centre of England

Director: Adrienne Lee BA TSTA

In partnership with



REDECISION THERAPY TRAINING WORKSHOPS

28 – 29 September 2019, 22 – 23 February 2020, 4 – 5 April, 27 – 28 June

with **Ian Stewart PhD TSTA(P)**

Redecision Therapy, developed by Robert and Mary Goulding, combines Transactional Analysis with the techniques of Gestalt therapy to provide a powerful means of personal change. These workshops offer you an opportunity for intensive personal experience and 'hands-on' learning of the Redecision approach.

The workshop will include Redecision therapy sessions led by Ian Stewart, teaching and discussion of Redecision theory and techniques, and small-group work where members of the group have the chance to practise Redecision therapy under Ian's supervision. This combination of personal work, practice and teaching is the format used by the Gouldings themselves in their famous 'marathon' workshops. It gives you an ideal opportunity to 'learn by doing'.

You will learn how to make contracts for Redecision work, how to make a treatment plan for Redecision, techniques of two-chair work and early-scene work, the Parent Interview, types of impasse and how to resolve them. Comprehensive handouts and reading guides will be provided.

The workshop leader, Ian Stewart PhD MPracNLP TSTA(P), is one of Britain's leading experts in Redecision work. He is co-author of TA Today and Personality Adaptations, and author of TA Counselling in Action, Eric Berne and Developing TA Counselling. Ian was the 1998 recipient of the EATA Gold Medal.

Fee £245. Location & Timings The Berne Institute (see address below). Kegworth is approximately ten miles south of Nottingham and Berne House is on the main A6 through the village, near Junction 24 on the M1. For more detailed directions and/or a list of local accommodation, please contact our administration office or find details on our website. Workshops run from 10am to 7pm on the Saturday, and from 9.30am to 5.30pm on the Sunday, with normal breaks for lunch and refreshments.

Accreditation This workshop can be logged as 15 hours' Advanced TA Training towards the hours totals set by EATA. Supervision hours may also be counted according to the usual EATA rules. For qualified TA professionals, the workshop meets the requirements for Continuing Professional Development. A certificate of attendance will be provided.

For further details of all training courses, including fees, dates and information on our programme of workshops, free evening seminars and other TA events, or any other enquiries, please contact: **The Course Registrar, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN, 01509 673649 / office@theberne.com / www.theberne.com** See over for booking form.

BOOKING FORM
REDECISION THERAPY TRAINING WORKSHOP

**To: The Course Registrar, The Berne Institute, Berne House, 29 Derby Road,
Kegworth DE74 2EN / 01509 673649 / office@theberne.com /
www.theberne.com**

I wish to apply for a **Redecision Therapy Training Workshop** place on the

following dates:.....

Name:

Address:

Phone :

Email:

We will contact you to arrange payment.