



# The Berne Institute

Training in all fields of Transactional Analysis  
at the Centre of England

Director: Adrienne Lee BA TSTA

In partnership with



**Middlesex  
University  
London**



## TA PROCESS THERAPY GROUP

Thursday & Friday 24/25 October 2019, Wednesday & Thursday 22/23 January 2020,  
Thursday & Friday 12/13 March, Thursday & Friday 4/5 June

with **Adrienne Lee TSTA**

The experience of group psychotherapy is profound and intensely moving, often creating a space for significant growth and change. This therapy group will be experiential and also a training experience, we will experience, demonstrate and analyse the different styles and processes of leadership and work that can be done in a group setting according to the theory and practice of Transactional Analysis. Group members will have the opportunity to learn experientially how to create and maintain a safe group setting and boundary; how to use therapeutic language, metaphor and imagery in groups; how to use process contracting; how to do impasse resolution and redecision work in a process group; how to use the whole group to facilitate individual change; how to use the individual to facilitate group change; how to do deconfusion work in a group setting; how to work with the transference and counter transference and how to offer containment and closure in a group process.

The Process Group Therapy training is especially recommended for counsellors and therapists in TA training. It is an opportunity for anyone to gain 16 group therapy or accredited advanced TA training hours\* and for Berne Institute trainees to gain MSc credits. (\*subject to Principal Supervisor's approval)

**Timings:** First day: 9.30am - 7.00pm, Second day: 9.00am - 4.30pm

**Fee:** £245.00

Workshops will run at **The Berne Institute**, 29 Derby Road, Kegworth DE74 2EN, 01509 673649 [www.theberne.com](http://www.theberne.com) These training events are frequently over-subscribed so early booking is highly recommended. Please make cheques payable to A.Lee or contact us for other payment options.

**For further details** of all training courses, including fees, dates and information on our programme of workshops, free evening seminars and other TA events, or any other enquiries, please contact us.

**BOOKING FORM**  
**TA PROCESS GROUP THERAPY**

**To: The Course Registrar, The Berne Institute, Berne House, 29 Derby Road,  
Kegworth DE74 2EN / 01509 673649 / [office@theberne.com](mailto:office@theberne.com) /  
[www.theberne.com](http://www.theberne.com)**

I wish to apply for a **TA Process Group Therapy** place on the

following dates:.....

Name:

Address:

Phone :

Email:

*We will contact you to arrange payment.*