TA PROCESS THERAPY GROUP

Tues, Weds, Thurs 20 – 22 October 2020 Online
Tues, Weds, Thurs 5 – 7 January 2021 Online
Thurs, Fri 17 – 18 June 2021

with Adrienne Lee TSTA

The experience of group psychotherapy is profound and intensely moving, often creating a space for significant growth and change. This therapy group will be experiential and also a training experience, we will experience, demonstrate and analyse the different styles and processes of leadership and work that can be done in a group setting according to the theory and practice of Transactional Analysis. Group members will have the opportunity to learn experientially how to create and maintain a safe group setting and boundary; how to use therapeutic language, metaphor and imagery in groups; how to use process contracting; how to do impasse resolution and redecision work in a process group; how to use the whole group to facilitate individual change; how to use the individual to facilitate group change; how to do deconfusion work in a group setting; how to work with the transference and counter transference and how to offer containment and closure in a group process.

The Process Group Therapy training is especially recommended for counsellors and therapists in TA training. It is an opportunity for anyone to gain 16 group therapy or accredited advanced TA training hours* and for Berne Institute trainees to gain MSc credits. (*subject to Principal Supervisor’s approval)

I have already run a very successful therapy marathon on-line and know that we could make this a deep and special learning experience, which would include reflection on the process of working in this virtual way. It also opens the experience to an international group that can be culturally enriching.

Timings The Group meets for three days (online), usually from 10am to 4pm.

Venue The group usually meets at Berne House, however, during the Covid-19 pandemic, the meetings will be online, via Zoom. Full details will be sent to you once
your booking is made. You will need a computer, stable internet access, and somewhere private to be while you are participating.

**Fee:** £300

These training events are frequently over-subscribed so early booking is highly recommended. Please contact us to book your place.

**Adrienne Lee** is Director of The Berne Institute. She is accredited by the European and International TA Associations as a Teaching and Supervising Transactional Analyst, the highest qualification awarded by these organisations. She is a UKCP Registered Psychotherapist and a Master Practitioner in Neuro-Linguistic Programming (NLP). Adrienne is a Founder Member and past Chair of the UK’s Institute of Transactional Analysis, and is past President of the European Association for Transactional Analysis (EATA). In 2010 she was awarded the EATA Gold Medal, presented for ‘outstanding services to TA in Europe’. In 2017 she was awarded the Muriel James Living Principles Award by the ITAA, and the UKATA medal in 2018. She has been a University teacher, TA trainer and Psychotherapist for more than 40 years and has published an article on TA group work in the TAJ (2014).
Please be aware that our office is staffed on a part-time basis. If you leave a message or send an email, we will always aim to respond to you within 24 hours.

BOOKING FORM

TA PROCESS GROUP THERAPY

To: The Course Registrar, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN / 01509 673649 / office@theberne.com / www.theberne.com

I wish to apply for a TA Process Group Therapy place on the following dates:............................................................................................................................................

Name:
Address:

Phone : Email:

We will contact you to arrange payment.

Promoting Excellence, Autonomy & Homonomy