



The Berne Institute

Training in all fields of Transactional Analysis at the Centre of England

Director: Adrienne Lee BA TSTA



'LIVING TA'

THE BERNE INSTITUTE ADULT EDUCATION PROGRAMME

We are very pleased to be continuing our popular programme of 'Living TA' workshops, focussing on personal development and the application of TA to everyday life and the wider community.

Each month a new theme provides the group with opportunities to reflect on and analyse their personal and/or professional lives, relationships and ways in which TA gives us theories to understand ourselves and others. The workshops provide space for didactic teaching and group involvement, with emphasis on collective growth, mutual learning and belonging.

Eligibility for Entry We recognise that advanced TA training is not for everyone and that many people complete a TA101 or Foundation Year and want to continue developing their understanding of TA. Therefore, we welcome applications from anyone who has completed either of these two courses. This is so that we can share a TA language. It is possible to attend individual workshops, several workshops, or all of them.

The workshops are led by Debbie Jelpke PTSTA(P) and Annette Terry PTSTA(P).

Annette runs her private practice in Loughborough, Leicestershire where she works creatively with therapy clients and supervisees. She is interested in the energy that is stimulated within groups when they come together to learn.



Debbie has had a private therapy practice for over fifteen years in Nottingham and has been enjoying working as a trainer for the last few years. She is currently also training as a Mindfulness teacher and enjoys bringing Mindfulness and TA together.

Cost £800 for all ten sessions (£80/day) or £90 per individual workshop.

Dates 3 October, 7 November, 5 December, 9 January 2020, 6 February, 5 March, 9 April, 7 May, 11 June, 2 July. All workshops begin at 10am and finish at 5pm with the usual breaks.

Topics will be announced on the website and The Berne Institute noticeboard, where you can also sign-up.

Venue Berne House, 29 Derby Road, Kegworth DE74 2EN. Berne House is on the main A6 through the village, near J24 on the M1. If you would like more detailed directions, or a list of local accommodation, please contact the administration office or visit our website.

For further details of all training courses, including fees, dates and information on our programme of workshops, free evening seminars and other TA events, or any other enquiries, please contact: **The Course Registrar, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN, 01509 673649 / office@theberne.com / www.theberne.com** To request an application form, you can also

APPLICATION REQUEST

‘LIVING TA’ The Berne Institute Adult Education Programme

**To: The Course Registrar, The Berne Institute, Berne House, 29 Derby Road,
Kegworth DE74 2EN / 01509 673649 / office@theberne.com /
www.theberne.com**

I wish to sign-up for the above course. I have completed a TA101 and/or Foundation Year.

(Please state whether you want to attend all ten workshops, or individual dates.)

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Name:

Address:

Phone :

Email:

We will send you payment details once your application has been processed.

We look forward to welcoming you.