

The Berne Institute

Training in all fields of Transactional Analysis
at the Centre of England

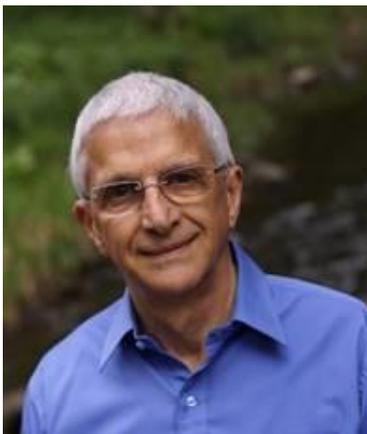
Director: Adrienne Lee BA TSTA

In partnership with



RELEASING TRANSCENDENT SPIRITUAL ENERGIES Opening the Crown & Other Centres in the Body

Thursday 19th September 2019



In this workshop, Ken will take everyone through a series of energy-related meditations. They are designed to activate Chakras (energy centres) in the spine and head. (In particular, Ken will concentrate on centres at the base of the spine, at the level of the heart, inside the head, at the top of the head, and on the point between the eyebrows. Each centre carries with it a distinctive type of energy and unique dimensions of perception and understanding.

In other words, each centre is a gateway into a whole universe of different experiences.

These energies help to flood our bodies and consciousness, with spiritual vitality, and aliveness. They also help to transform bodily, emotional, and spiritual awareness with overall awakening.

Meditations such as these have ancient origins that are still powerful in the modern world when introduced to us by someone who has mastered them. Ken has had years of training and practice in developing the necessary skills.

Cost of this workshop is £125 for members of The Berne Institute/£135 for non-Berne Institute members.

Please arrive at 9.30am for registration and coffee. The workshop will begin at 10am and finish at 5pm, with the usual breaks. Refreshments are provided but please make your own arrangements for lunch. There are several places in the local area to buy food.

For further details of all training courses, including fees, dates and information on our programme of workshops, free evening seminars and other TA events, or any other enquiries, please contact: **The Course Registrar, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN, 01509 673649 / office@theberne.com / www.theberne.com** To request an application form, you can also complete the enquiry slip on the reverse of this flyer.

We look forward to hearing from you.

APPLICATION REQUEST
RELEASING TRANSCENDENT SPIRITUAL ENERGIES

**To: The Course Registrar, The Berne Institute, Berne House, 29 Derby Road,
Kegworth DE74 2EN / 01509 673649 / office@theberne.com /
www.theberne.com**

I wish to apply for a place on the above workshop. Please send me further information.

Name:

Address:

Phone :

Email: