



# The Berne Institute

Training in all fields of Transactional Analysis  
at the Centre of England

## TA ADULT EDUCATION PROGRAMME

### 'LIVING TA'

Following a successful pilot term, we are very pleased to be offering a new set of workshops from October 2018, focussing on personal development and the application of TA to everyday life and the wider community. Members will have the opportunity to reflect on and analyse their personal and/or professional lives, their relationships, their Life Script and how TA gives us theories to help understand who we really are. Each session will focus on a topic e.g. Relationships, Decision Making, Communication, Change... with both didactic teaching and group input, emphasising growth and mutual learning.

We welcome applications from anyone who has already completed a two-day TA101 or Foundation Year and would like to continue exploring TA. The groups will be led by Debbie Jelpke PTSTA and Annette Terry PTSTA(P).

October Workshop:

*'Free to be me'*

*Who are you? Or who do people tell you you are?*

*We will take a closer look at what's in our Ego-states, and what will help us be free to be who we want to be.*

The group will meet for one full day on a Thursday, between 10am and 5pm, from October 2018 to July 2019 (break in December). Maximum group size will be 15 people.

**You can attend for a single day, several days, or the whole course.**

**Cost:** £630 for all nine sessions (£70/day) or £75 per session

**Dates:** 25 October 2018, 29 November, 31 January 2019, 14 February, 7 March, 4 April, 23 May, 20 June, 4 July

To apply, please email [office@theberne.com](mailto:office@theberne.com) or return the slip below

To: The Course Registrar, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN. O1509 673649 [www.theberne.com](http://www.theberne.com)

*I wish to apply for a place in **The Berne Adult Education Group 'LIVING TA'***

Name.....

Email Address.....

Level of Previous TA Training.....

*I wish to pay by the following method:    Cheque / Bank Transfer / Cash (Please select one option)*

*Please contact [office@theberne.com](mailto:office@theberne.com) for bank transfer details. See website for full booking conditions.*

See website [www.theberne.com](http://www.theberne.com) for full Booking Conditions

*The Berne Institute – Promoting Excellence and Autonomy*