



The Berne Institute

Training in all fields of Transactional Analysis
at the Centre of England

FREE EVENING SEMINARS

Autumn/Winter 2018/19

Our seminars are free of charge to all. In each seminar, the presenter(s) will share their new thinking about a topic in Transactional Analysis or a closely related field. There will be plenty of time for discussion, questions, and the interchange and generation of ideas. They take place on Saturday evenings. You are invited to arrive at 7pm for wine and cheese before the seminar. 'The Berne' provides light refreshments; please feel free to bring food to share if you wish. The seminar presentation itself runs from 7.30 - 9.00pm. Topics and presenters will be as follows:

20 October

'BEYOND GAMES & THE DRAMA TRIANGLE' - *Will Roberts MSc PTSTA(P)*

Steve Karpman has developed a way of viewing the script through a lens of the Drama Triangle. We will explore his new theory and its practical application.

11 November

'TO BOREDOM AND BEYOND' – *Debbie Jelpke MSc PTSTA(P)*

What is boredom? Can it stimulate creativity? We will use TA Time Structuring theory to explore the positive transformation of boredom.

8 December

'ANCHORS TO LIFE' – *Enid Welford TSTA(P)*

Many people are attached to life despite adverse circumstances, while others appear to find little reason to stay alive. We will reflect together on what anchors us to life, and the parts others played. We will consider how Berne's Psychological Hungers and Transgenerational Scripts impact on our attachment to life.

12 January 2019

'ORGANISATIONS ON THE COUCH' – *Sonja Billmann PTSTA(O)*

Understanding the secret script of an organization is necessary to facilitate its change. What is the script of your organization or the organisations you are part of?

9 February

'WORKING WITH FAMILIES' – *Jean Lancashire STA(P)*

We will explore the contracting issues when working with families and children to increase understanding about boundaries and safety.

The seminars are held at Berne House, which is on the main A6 through Kegworth. We have off-road parking. If you would like more detailed directions or any further information about our events, please contact: **The Admin Team, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN, 01509 673649 www.theberne.com**. *We look forward to welcoming you!*