



The Berne Institute

*Training in TA Psychotherapy and Counselling
at the Centre of England*

FREE EVENING SEMINARS **Winter 2016/17**

Our seminars are free of charge, to 'Berne' members and to non-members. In each seminar, the presenter(s) will share their new thinking about a topic in Transactional Analysis or a closely related field. There will be plenty of time for discussion, questions, and the interchange and generation of ideas.

All the seminars take place on Saturday evenings. You are invited to arrive at 7pm for a wine and cheese before the seminar. 'The Berne' provides light refreshments; please feel free to bring food to share if you wish. The seminar presentation itself runs from 7.30 - 9.00pm. Topics and presenters will be as follows:

14 January 2017

'Will I Stay or Will I Go?'

Debbie Jelpke CTA, PTSTA(P)

In this seminar we will explore some of the aspects of separation and letting go – the level to which we let others go, or cling on. We will consider the factors that support or hinder a child's emerging self. We will look at the work of Stern, Bowlby, Masterson, and apply this to TA theory including what Berne refers to as the Fairy Godmother and With Mother.

18 February

'TA and Love'

Frances Townsend CTA Trainer, TSTA(P), MSc

February is traditionally the time we celebrate romantic love. We may often declare our love and describe others as our loved ones. In this seminar we'll take a look at love and what we mean when we say "I love you".

18 March

'TA, Therapy and the Gender Variant Client'

Liza Heatley CTA(P) MSc

What is it like to be transgender, gender variant, neutral or non-conforming? How would you work with someone with this presentation? This is an opportunity to learn more about the increasing number of people identifying as gender variant and we will explore aspects of working with this rapidly expanding minority group.

The seminars are held at our training centre, Berne House, which is on the main A6 through Kegworth. We have off-road parking. If you would like more detailed directions or any further information about our events, please contact: **The Admin Team, The Berne Institute, Berne House, 29 Derby Road, Kegworth DE74 2EN, 01509 673649 www.theberne.com.**

We look forward to welcoming you

The Berne Institute: Promoting Excellence and Autonomy